



TAIN ROYAL ACADEMY

ACADAMAIDH RÌOGHAIL BHAILE DHUBHTHAICH



Parents' Newsletter

Cuairtlitir

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An Gearran 2011

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Inverness College would like to invite S2-S6 pupils, parents/guardians and guidance teachers to the Vocational Pathways Programme "hands-on" Taster Evening on:

Tuesday 22nd February 2011
6.30pm - 9.00pm
at Inverness College
(Longman Campus)

The aim of the taster evening is to give you the opportunity to:

- * Watch demonstrations and try hands-on activities
- * Find out more about the courses
- * Meet and speak to lecturers and some of our current VPP pupils

Mrs McDermott, TRA Guidance Department is running a minibus to the event. Places available. First come first served.

DEBATING SUCCESS



Congratulations to our S2 team who have won through to the final of the 'Big Green Challenge' schools debating competition. The contest was held in Golspie High School on Thursday 3rd February and our team emerged victorious over opponents from the host school and Alness Academy.

Participation in the event arose from a joint curricular project, on the issue of renewable energy sources, involving our English and Science departments. Our team was asked to oppose the motion that "renewable energy will bring lots of benefits to communities." Judges commented on the group's high level of subject knowledge, teamwork as well as their articulate and convincing delivery of ideas.

The team comprises Eoghann Beaton, Cameron Macdougall and Chloe Bryce who were all ably supported by John Munro, Max Marshall and Sophie Munro.

The reward for this success is a trip to compete in the final at the Scottish Parliament in Edinburgh. Well done!

G Trimble, English Department

FEBRUARY BREAK Monday 14 and Tuesday 15 February
INSET DAYS Wednesday 16/Thursday 17/Friday 18 February

RECTOR'S COMMENT

Already we are several weeks into 2011, which means that a good part of this term has already past. For pupils in S4, S5 and S6 it is vital that work in school is supplemented by study at home. The snow disruption in November and December means that a number of school days were lost, and pupils must ensure that they remain up to date with course work.

As always could I please remind parents and carers that our school uniform consists of white shirt with school tie along with black school trousers for boys and black skirt/black school trousers for girls.

If your child has been absent could you please write a letter of explanation on their first day of return. Could I remind parents and carers that pupils must always bring a letter from home or an appointment card if they require to leave school during the school day. The letter or card should be shown to their register teacher during registration. Pupils can only sign out of the school if they have such a letter or card, or have been given permission by their Guidance teacher.

We are always pleased to hear of our pupils being successful and we are delighted that Alan Duff has been selected to play for the Scotland Under 19 football team. He is in the squad for home and international games at Easter, with the Scotland v England game scheduled for April in the Caledonian Thistle Stadium, Inverness.

We are very sorry to lose Mr Jones, but are delighted for him on his appointment as depute in Culloden Academy. We welcome Mr Brian Sinclair as depute rector to fill Mr McKinlay's post. Mr Sinclair will start in February.

Mr Davey Hart, our assistant janitor retired on 20 January after 37 years dedicated service to the school. We wish Mr Hart a long and happy retirement.

I was pleased to meet many of our S1 parents and carers at the recent S1 Parents' Evening. The turnout was 81%. If any parent was unable to attend but would like to discuss their child's progress, please contact your son or daughter's Guidance teacher.

Donnie Macleod, Rector



CONGRATULATIONS

**Kirsten Ross and Kirsty Smith
on gaining their BRONZE
Duke of Edinburgh Awards**

SPONSORED WALK

FINAL Amount raised £7,056.85

**Thanks to all who generously supported this
annual fundraising event**

GAELIC NEWS

Michael Bremner and Eoghann Beaton took part in the annual speech making competition "Ri Chèile". This was held on the Isle of Skye at the end of September. Both boys performed very well at the Aros Centre in Portree, giving interesting talks in front of an audience of about fifty. Thirty pupils from throughout Scotland, Northern Ireland and the Republic of Ireland took part. While we weren't given actual marks we were told that Michael was in the top ten and Eoghann in the top six.

This was a very busy time for Eoghann who also took part in the BT Debate in Stornoway on the 2nd and 3rd of November. Claire Maltby and Eoghann spoke like lions in the first round against their more senior opponents from Castlebay. They won their first round tie and were placed against Hazelhead Academy from Aberdeen. Both teams were knocked out in the second round. The pupils took part in a super Ceilidh at An Lanntair which included a song from Eoghann.

This year, after our award winning success last year in Film G, S1, S2 and S3 Gàidhlig, wrote, dramatised, acted, filmed and edited two films - Bròg an Uachdair and An Turas Èiginneach. We were lucky with the weather as we were filming outdoors in and around Tain and on Dornoch Beach.

Gaelic medium pupils from Tain Royal Academy, Craighill and Bonar Bridge primary schools in their impressive new group **Struie** performed at a Ceilidh in Achness Hotel near Rosehall on Friday night. It was a great community night of music and dancing with solo performances from Kaitlin Ross singing and on guitar, Michael Bremner on violin, Kirsty MacLeod on accordion, Marion Gòrdon on Clàrsach and Eòghann Beaton singing

R Robertson, Gaelic Dept

SWIMMING POOL TIMETABLE
TUESDAY 4 JANUARY - SUNDAY 10 APRIL 2011



MONDAYS	
0715 - 0830	Swim Breakfast
0830 - 0930	Open Session
1215 - 1315	Seal Lessons
1450 - 1530	Open Session
1545 - 1800	TASC
1800 - 1900	Learn To Swim
1900 - 1945	Family Session
1945 - 2030	Open Session
2030 - 2115	Lane Swimming
TUESDAYS	
0715 - 0830	Swim Breakfast
1000 - 1100	Over 50's Session
1100 - 1430	Open Session
1545 - 1800	TASC
1800 - 1900	Learn To Swim
1900 - 1945	Stroke Development
1945 - 2030	Open Session
2030 - 2115	Adult Session
WEDNESDAYS	
0900 - 0940	Open Session
1100 - 1145	Open Session
1300 - 1400	St Duthus
1450 - 1530	Open Session
1545 - 1800	TASC
1800 - 1900	Learn To Swim
1900 - 1945	Aqua Aerobics
2000 - 2100	Staff training

THURSDAYS	
0715 - 0830	Swim Breakfast
1100 - 1145	Open Session
1300 - 1430	Open Session
1545 - 1800	TASC
1800 - 1900	Learn To Swim
1900 - 1945	Open Session
1945 - 2015	Adult Lessons
2015 - 2115	Adult Session
FRIDAYS	
0900 - 0940	Open Session
1300 - 1345	Family Session
1345 - 1430	Open Session
1545 - 1800	TASC
1800 - 1900	Learn To Swim
1900 - 1930	Stroke Development
1930 - 2100	Open Session
SATURDAYS	
0930 - 1100	Seal Lessons
1100 - 1200	Happy Hour
1200 - 1315	Open Session
SUNDAYS	
0930 - 1030	Open Session
1030 - 1130	Family Session
1130 - 1315	Open Session

Admissions Policy: Children aged 0, 1, 2 or 3 must be accompanied by a responsible adult at a ratio of 1 adult to 1 child. Children aged 4, 5, 6 or 7 must be accompanied by a responsible adult at a ratio of 1 adult to 2 children. Swimming sessions vary in time from between 40 minutes to 1hr 15 minutes. A band system may be in use at times to control numbers and usage.

Family Session: Children must be accompanied by a parent or guardian. The admissions policy will be relaxed to allow children aged 0 to 7 to be accompanied by a responsible adult at a ratio of 1 adult to 2 children. The deep end of the pool will be roped off and out of use during these sessions.

Swim Breakfast: Have a swim then enjoy some breakfast, breakfast available until 08.45.

Happy Hour: The cost of the session will be 50p if you come in within the first 20 minutes of the session.

TASC: Tain Amateur Swimming Club swim sessions, closed to public. If you are interested in this, more information is available at reception.

Learn To Swim Children's swimming tuition sessions: the pool will be open to the public if lessons are not on. The next block will be 11 weeks and will commence week beginning 10th January with a 1 week break (14th-19th February)



FITNESS CLASSES

(Classes resume 10 January 2011)

* Places must be booked

MONDAY	1830 - 1930	Spinning* Multi Purpose Hall
MONDAY	1930 - 2030	Circuits Small Gym
TUESDAY	1830 - 1930 & 1930 - 2030	Spinning* Multi Purpose Hall
WEDNESDAY	1900 - 1945	Aqua Aerobics Swimming Pool
THURSDAY	0930 - 1030	Spinning* Multi Purpose Hall
FRIDAY	1830 - 1930	Spinning* Multi Purpose Hall
SATURDAY	0930 - 1030	Pilates Multi Purpose Hall

HIGH LIFE MEMBERSHIP SCHEME

The High Life Membership scheme allows you and your family to choose leisure options which suit your lifestyle and your pocket.

Choose from our All Inclusive Membership, Budget Membership or Pay-As-You-Go Membership. We have something to suit everyone, contact us for further information.

NOTE: All users must go through an induction before using the fitness room for the first time. Contact reception 893767 to book a place.

Young Guns (14-16yrs) use the Fitness Suite daily after school between 1545-1700. It may be busy during these times. If you want to know more about Young Guns, please ask at reception.

School Use of the Fitness Suite - Please note that due to School use, the fitness suite will be closed to the public at the following times:

Mondays: 0950-1200 Tuesday: 1100-1200

Thursdays: 1200-1300 Fridays: 1100-1200

Fridays: 1355-1450 from 11 Feb-4 March (4 wks only)

FITNESS SUITE OPENING TIMES

MON	TUES	WED	THURS	FRI	SAT	SUN
0700 - 2100	0700 - 2100	0900 - 2000	0700 - 2100	0900 - 2100	0930 - 1330	0930 - 1330

TRA - DATES FOR YOUR DIARY

Monday 14/Tuesday 15 February	February Break
Wednesday 16/Thursday 17/Friday 18 February	INSET Days
Monday 21 February	S5/S6 Prelims start
Thursday 3 March	S2 Parents' Evening
Friday 4 March	S5/S6 Prelims finish
Monday 7 March	S3 Exams start
Thursday 17 March	S3 Exams finish
Thursday 31 March	Easter Concert
Tuesday 5/Wednesday 6 April	P7 Problem Solving Day
Friday 8 April	Charity Day/Start Easter Break
Tuesday 26 April	School re-opens
Wednesday 28 April	Awards Ceremony
Monday 2 May	May Day holiday
Wednesday 4 May	SQA Exams start for S4
Friday 13 May	SQA Exams start for S5/S6
Friday 3 June	Additional INSET Day